

"I'm going to

make everything

around me beautiful -

that will be

my life"

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BODY TREATMENTS

Aromatherapy Associates

We have ten award-winning essential oil blends, each formulated with natural plant and flower oils, with powerful therapeutic benefits for body and mind.

Body Scrubs

Detox and Revive

Perfect for times of over-indulgence or when you're feeling a little sluggish or lethargic. Let us freshen you up with an invigorating exfoliation, followed by a layering of gels and oils, which will be left to absorb deep into the skin, while a stimulating foot massage encourages the release and elimination of toxins. Our stimulating Revive blend of essential oils, renowned for their freshening and detoxifying properties, will leave you feeling fresh, alive and full of energy!

Rose Hydrator

If you are looking for an indulgent and uplifting treatment to bring back radiance and restore and renew your skin, then this is the treatment for you. This intensely hydrating body ritual includes a gentle exfoliation followed by a layering of hydrating and regenerating creams and oils rich in Damask Rose, renowned for their renewing and moisturising properties. The products are left to penetrate under a wrap while an Ayurvedic scalp massage works to lift and brighten your spirits.

60 mins - £60

60 mins - £60



FACIAL TREATMENTS

Age Repair Facial

An intensive treatment for those concerned with the signs of ageing. Awardwinning natural products are used in conjunction with a unique dual layering of intensive masks, with specific lifting, plumping and firming massage. Delivers instantly visible results.

Essential Rose Facial

If you are looking for a treatment that restores radiance and glowing skin, this is the treatment for you. Luxurious Rose essential oils, long known for their rejuvenating properties, help condition and deeply nourish the skin. The result is a smooth, radiant complexion and a relaxed state of mind.

Suitable for a sensitive skin type.

Deep Cleanse Facial

An intensive purifying treatment for oily and combination skin that incorporates steaming, extraction and hot towel compresses, alongside facial massage and a freshwater mud mask. The antibacterial and purifying properties of Lavender, Tea Tree and Orange Flower will deeply cleanse for super clean and fresh skin.

Crystal Clear Microdermabrasion

Crystal Clear Microdermabrasion was conclusively proven to dramatically and visibly improve the texture and appearance of the skin, reducing and smoothing lines and wrinkles and producing more beautiful rejuvenated skin. A course of treatments are available please ask reception for details.

75 mins - £60

60 mins - £50

60 mins - £60

60 mins - £50



FACIAL TREATMENTS

Inner Strength Soothing Facial

Re-build your natural strength and shield your skin from emotional and environmental stress with a soothing and calming facial. Suitable for irritated or inflamed skin; helping to restore the skin's defence system. A hydrating cleanse and instant cooling serum reduces redness and inflammation while working to restore the skin's natural barrier. A soothing facial massage is given with a calming blend of 2 chamomile oils. Double masks are applied to re-mineralise, repair and nourish the skin and restore its natural radiance. Whilst the active ingredients work a wonderfully relaxing scalp, neck and shoulder massage is given.

Dermaplaning

Provides an effective and safe exfoliation treatment that promotes deeper product penetration, boosting the effects of skin care products while making the skin look and feel smoother and also reducing the appearance of acne scars. The treatment also works to remove facial hair that can trap dirt and oils. Recommended for all skin types. Contrary to what you might think, dermaplaning will not make your hair grow back thicker or darker, there's no downtime and it will change your life as far as makeup application goes! We are in love with this new treatment!

Instant Eye Repair 25 mins - £20 alone, £15 add-on

Specialised massage techniques improve micro-circulation and drainage, helping to reduce puffiness, whilst the natural plant extracts and oils work to leave the eyes fresh, bright and youthful. Can be an add-on treatment.

NEW Delilah Makeup Application

A new capsule collection of luxurious cosmetics that are simple to wear and easy to love.

75 mins - £60

60 mins - £50

£25



YOUR ULTIMATE TAN

St. Tropez is proud to be the leading tanning brand chosen globally by professionals, celebrities and beauty editors alike. Our wardrobe of choice provides the perfect product for every skin tone, from a light sun kissed glow to our deepest, darkest bronze. St. Tropez, the award-winning experts you trust to make you look and feel confident, all year round.

St.Tropez Full Body	£20
St.Tropez Half Body (Legs & Face)	£15
St.Tropez Legs	£10

WAXING

Lycon Wax

We offer premium waxing that is designed to make your waxing treatments easier and virtually pain-free. Superb results guaranteed. Lycon Wax truly removes hairs as short as 1mm.

Full Leg	£25	Brazilian	£25
HalfLeg	£20	Hollywood	£25
Underarm	£10	Lip	£5
Arm Wax	£15	Chin	£5
Standard Bikini	£15	Lip & Chin	£10
Extended	£18	Eyebrow	£8



Addition



before



after

EYE TREATMENTS

£7
£14
£20
£15

HD Brows

High Definition

We're proud to be the experts in brows, and your HD Brows Stylist knows all there is to know about creating the perfect arch for you.

Nouveau Lashes

Nouveau Lashes has inspired the industry and revolutionised the beauty market with professional lash treatments for everyone.

LVL

60 mins - £40

£25

Straightens your natural eyelashes at the root, so unlike a traditional lash perm it creates the effect of longer, lifted lashes. Lasts up to 6-8 weeks.

LVL + Serum

60 mins - £55

Nouveau Individual Lash Extensions

Our lash extensions have been developed to the highest standards, combining softness with durability and strength. They are beautifully curled and tapered to imitate natural lashes leaving you with a flawless look.

Full Set	90 mins - £55	Half Set	60 mins - £35
Lash Infill	£25		



HANDS & FEET TREATMENTS

Treat your hands and feet to some much needed attention with our luxurious treatments.

OPI Manicure 30 mins - £25 | with gel polish - £30

This manicure consists of cuticle work followed by an opulent hand massage. A hydrating rich moisturiser is applied and left to penetrate into the skin before the nails are painted in your choice of colour from our luxurious range of OPI nail polishes.

OPI Pedicure

45mins-£30 | with gel polish-£35

It is, in a word, paradise for feet – This luxury pedicure begins with in-depth cuticle work and hard skin removal. A full foot and lower leg exfoliation with OPI natural sugar crystals, followed by a relaxing massage to relieve tired feet. Creams and oils are massaged into your feet leaving your skin feeling smooth and hydrated. The pedicure is finished with the nails being painted in your choice of colour from our luxurious range of OPI nail polishes.

OPI File & Polish (hands or feet) 30 mins - £15 OPI | OPI Gel - £20

Gelish Nail Harmony

Gelish, performs like gel, applies like polish. Gelish was the first brush-in-bottle gel-polish ever invented.

 Gelish File & Polish (hands or feet)
 30 mins - £20

 *Gelish removal free when polish is reapplied or £5 for removal only.

Soak Off	£5
IfReapplied	£2.50



NAIL ENHANCEMENTS

Chrome Effects Gel	£25	Gel Add-on	£5
Removal	£10	Infill	£25
Nail Extensions	£30	iNails	£30
Extension Removal	£10		

SALON ETIQUETTE

In order to preserve the sense of harmony and tranquillity we kindly ask for your mobile phones to be turned to silent or switched off. Please arrive in plenty of time for your treatment so you can relax with a drink before your treatment begins.

Please advise if you are pregnant before making an appointment.

For treatments over 2 hours we require card details to secure your booking.

Clients are offered a full assessment of their needs, medical and contraindications may make certain treatments unsafe. Please let us know when booking your appointment so that we can advise and tailor your chosen treatment to you.

Please note that at least 24 hours notice of cancellation is required.

Gift vouchers for a treatment or amount and loyalty cards are available, please ask at reception.



AROMATHERAPY ASSOCIATES

Artisans in the field of Aromatherapy; our founders' vision has remained unchanged for a generation. A simple pursuit – sharing the true power of essential oils and the incredible effects they have at a therapeutic level.

Our core range of mind altering essences has become a phenomenon in the beauty world, much applauded and we are recognised as leaders in our field. Combining expertly blended essential oils with our unique active botanical's has led to remarkable innovations in skincare. The result; beautiful, glowing, healthy skin free from harsh chemicals and unnecessary synthetics.

The Body

Essential oils are made of very small molecules, which means they can easily bring their unique healing properties to every cell of the body. They are traditionally used to help ease muscular aches and pains, improve circulation and ease sinus congestion. They also have a positive effect on the skin, penetrating into the deeper layers to encourage the process of celluar renewal, enhance blood circulation and help problems such as acne, eczema and ageing skin.

The Mind

Linked to the areas of the brain governing instinct, memory and emotion, our sense of smell is the most primitive of our senses. Through the pathways between smell and the deep centres of the brain, essential oils can have a dynamic effect on our emotional state. They can help transform our moods and move us from one state of mind to another.

Our Awards

The Glamour Beauty Power list 2013; Best Beauty 2013; Psychologies Positive Beauty Awards 2013; Beauty Bible Loves 2013; InStyle Best Beauty Buys 2013 and many more!

OPENING TIMES

Tuesday	10.00am		4.00 pm
Wednesday	10.00am		5.30pm
Thursday	10.00am		7.00pm
Friday	10.00am		6.00pm
Saturday	10.00am		4.00 pm
Sunday	Closed		
Monday	Closed		

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